# **Minutes**

City of Falcon Heights, Park and Recreation Commission Meeting
December 12, 2011
6:30PM
City Hall

Meeting Chair. Melissa Weber-Sanders

Minutes By: Michelle Tesser

Present members: Serena Jones-White (absent), Matthew Waite, Lonetta Hanson,

Tom Keene

Youth member. Luke Mielke

Staff: Michelle Tesser, Tim Pittman

Council Liaison: Keith Gosline (absent)

## 1. Meeting called to order 6:36 PM

### 2. Approval of Minutes October 11, 2011

Small correction of rh to th on number 4. Minutes were unanimously approved. Hanson/Waite

#### 3. Winterfest

Tesser is seeking volunteers to help with the dog sled rides and ticket handling. Lonetta Hanson has volunteered to help with the tickets.

#### 4. Tobacco Free Parks

Tesser discussed with the commission adopting Tobacco Free parks. This is a statewide program of the Association for Nonsmokers MN. In 2001, the MN Department of Health awarded grants to create tobacco-free areas. The policy covers city owned outdoor parks and recreational areas. The policy can cover all park areas or a selected area.

The program's director will help cities to adopt the policy or ordinance in their city. The commission likes the idea of involving the youth in the youth driven model. Sanders will talk to the Falcon Heights elementary school to see what

their interest level is. Tesser will let the program director know about their interest in pursing the policy adoption.

#### 5. Concussion Law

All organizations with youth activity, no matter if fee is collected, are required to have all coaches, officials, leaders and supervisors be certified in concussion training. Certification lasts three years. Training is online through the CDC website. Tesser has received her certification as well as the TKD instructor and the Cheer America instructor. All warming house attendants will need their certification before they can start employment with the city. All recreation leaders will be required to complete their certification before summer programs begin.

Per state statute, Tesser is also responsible to make concussion information available to parents and youth therefore she has added the information to the website, added posters around the buildings were activities take place and she will put the concussion information in the program guide near the registration information.

## 6. Warming House/Rink Update

Tesser hired seven warming house attendants. Orientation will occur on Wednesday, Dec 21<sup>st</sup>. The rinks are scheduled to open on Dec 23<sup>rd</sup> however, due to the weather the opening will more than likely be postponed.

## 7. Programs

**Youth:** Tesser has developed a new winter camp called winter break adventure camp. This program is similar to Discovery Playgrounds but will spotlight winter activities. The afternoon class has 13 registrations and the morning class currently has 7 registrations. The morning class will not run if 3 spots are not filled.

**Adult:** Tesser recently added another yoga class on Thursdays. This change increased yoga offerings to three times a week. There has recently been a Zumba instructor who would like to offer a program at Falcon Heights starting in the spring. Details are sill being figured out but Tesser believes the Lauderdale gym would be the best fit for this program.

### 8. Staff Reports:

Tesser asked the commission to visit the new merry-go-round the tennis courts

## Public Works Update

- City-wide sign replacement
- Replaced Community Park windows
- Install hockey boards at Curtiss Field

## 9. New Business

Next meeting: Monday, January 9, 2012 at 6:30p.m.

# **10. Adjournment –** 7:10pm

Minutes respectfully submitted by Michelle Tesser. If there are any corrections or additions, please contact Michelle Tesser by phone at 651-792-7617 or by email at Michelle.tesser@falconheights.org