

**CITY OF FALCON HEIGHTS**  
Regular Meeting of the Parks & Recreation Commission  
City Hall  
2077 West Larpenteur Avenue

**AGENDA**  
May 6, 2019 at 6:30 P.M.

A. CALL TO ORDER:

B. ROLL CALL:

\_\_\_ Walt Dunlap                      \_\_\_ Ron Eischen            \_\_\_ Olivia Demerath  
\_\_\_ Ryan Carlson                    \_\_\_ Mike Bradbury

\_\_\_ Council Member Leehy  
\_\_\_ Staff Nalisha Nandkumar, Staff Liaison

C. PRESENTATION

D. APPROVAL OF MINUTES:  
Approval of April 1, 2019 Minutes

E. AGENDA:

1. Park Audit
  - a. Curtiss Field
  - b. Community Park
  - c. The Grove
  
2. Garden Updates
  - a. Community Garden Meeting
  - b. Garden-In-A-Box
  
3. Summer Programs
  - a. REC on the GO
  - b. Summer Program Coordinator
  - c. Kubb

F. INFORMATION/ANNOUNCEMENT

G. ADJOURNMENT:

**CITY OF FALCON HEIGHTS**  
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City Hall  
2077 West Larpenteur Avenue

**AGENDA**

April 1, 2019 at 6:30 P.M.

A. CALL TO ORDER:

B. ROLL CALL:

  X   Walt Dunlap                        X   Ron Eischen              Ab   Olivia Demerath  
  Ab   Alyssa Schmeling              X   Ryan Carlson          X   Mike Bradbury

  X   Council Member Leehy  
  X   Staff Sack Thongvanh, City Administrator  
  X   Staff Nalisha Nandkumar, Staff Liaison

C. PRESENTATION

N/A

D. APPROVAL OF MINUTES:

N/A

E. AGENDA:

1. Park Amenities

a. Curtiss Field Basketball Court

- Work on the Curtiss Field Basketball Court is weather dependent right now. Public Works will have to wait to let the ground dry before they begin work. Once work has begun Parks Commission will discuss court sizes.

b. Community Park Building

- Community Park Building is deteriorating. Concrete is not ADA compliant and will cost around \$90,000. Roof and windows need to be replaced and this will cost between \$60-70,000. City Council is exploring options of next steps.

c. The Grove

- ADA Audit should be conducted.
- Tour the parks for the next Commission meeting to get a better understanding of what is at each park.

2. Entertainment for Ice Cream Social

a. The Percolators

b. Will Hale

- Review of attached flyer and discussion about type of music and cost of band.
- Group decided on the band The Percolators for Ice Cream Social (July 18<sup>th</sup>).

Eischen 1<sup>st</sup> Motion  
Bradbury 2<sup>nd</sup> Motion  
Motion Passed

### 3. Community Garden

#### a. Community Gardener Meeting

- Discussion of Community Gardener Meeting on Wednesday, April 17<sup>th</sup>.
- Ramsey County Master Gardeners will attend to answer questions and provide tips for the gardening season

#### b. 2019 Community Garden Improvements

- Council Member Melanie Leehy brought up the idea of Seeds of Sharing in which individuals have two seed packets, one they keep for themselves and one they give to someone else to plant.
- Seeds of Sharing can begin at Community Gardener Meeting.
- The vegetables or flowers produced can be shared at the Ice Cream Social.

### 4. Grant Updates

#### a. Target Grant

- Update about Target Grant and that the funds will be used to enhance the soccer program.
- Funds will go towards scholarships and building a shed at Curtiss Field for soccer equipment.

#### b. Good Neighbor Fund

- Update on the good neighbor fund and how the funds will be used.
- Application was submitted for 2019 focusing on the initiative of cultivating a caring community.
- If granted, funds will be used for story time. Story time will involve children and adults reading to each other at various locations throughout the City as part of engagement.
- Funds will also be used for enhancing REC on the Go and the shed at Curtiss Field.

### F. INFORMATION/ANNOUNCEMENT

- Explore the option of Minnesota United coming to the Falcon Heights community as a part of engaging community and promoting Parks Program.

### G. ADJOURNMENT: 8:00PM

Walt 1<sup>st</sup> Motion  
Bradbury 2<sup>nd</sup> Motion  
Motion Passed



*The City That Soars!*

## ITEM FOR DISCUSSION

<b>Meeting Date</b>	May 26, 2019
<b>Agenda Item</b>	Agenda E1
<b>Attachment</b>	NA
<b>Submitted By</b>	Nalisha Nandkumar, Staff

<b>Item</b>	Park Audit
<b>Description</b>	<ul style="list-style-type: none"> <li>A. Curtiss Field</li> <li>B. Community Park</li> <li>C. The Grove</li> </ul> <p>Discuss the current and future park amenities and their relation to ADA compliance.</p>
<b>Budget Impact</b>	N/A
<b>Attachment(s)</b>	N/A
<b>Action(s) Requested</b>	Park Commissioners will visit parks to audit accessibility and needs. Create a list of findings.



**The City That Soars!**

## ITEM FOR DISCUSSION

<b>Meeting Date</b>	May 26, 2019
<b>Agenda Item</b>	Agenda E2
<b>Attachment</b>	Pictures
<b>Submitted By</b>	Nalisha Nandkumar, Staff

<b>Item</b>	Garden Updates
<b>Description</b>	<p>A. Community Garden Meeting The Community Garden Meeting on May 17<sup>th</sup> brought together gardeners. Master Gardeners were able to answer questions in regards to composting, seasoned crops and various other topics. Shelly from The Good Acre also made an appearance and talked about the programs that offered there.</p> <p>B. Garden-In-A-Box Started in 2008, the Garden-in-a-Box program was created by Minnesota State Horticulture Society to teach vegetable gardening to kids so they would eat more fresh produce. MSHS distributes vegetable gardening kits to community groups.</p> <p>The program provides an opportunity for children and families in need to experience the benefits of gardening: affordable healthy food, outdoor activity, education and community building. It gives childcare providers, community program coordinators and teachers the chance to incorporate hands-on learning experiences into their programs.</p> <p>The City of Falcon Heights will be partnering with the MSHS for the Garden-In-A-Box Program. The boxes will be placed at Falcon Heights Elementary, City Hall and at Sr. Apartment Complexes.</p>
<b>Budget Impact</b>	N/A
<b>Attachment(s)</b>	Minnesota State Horticulture Society Pictures
<b>Action(s) Requested</b>	N/A







**The City That Soars!**

**ITEM FOR DISCUSSION**

<b>Meeting Date</b>	May 26, 2019
<b>Agenda Item</b>	Agenda E4
<b>Attachment</b>	Three Rivers Flyer
<b>Submitted By</b>	Nalisha Nandkumar, Staff

<b>Item</b>	Summer Program Updates
<b>Description</b>	<p>A. REC on the GO The City of Falcon Heights will be partnering with Three Rivers Parks District to provide a fun and exciting experience to youth. The outreach van brings park experiences and nature-based recreation and education out into the community.</p> <p>B. Summer Program Coordinator The City is currently in the process of hiring a Summer Program Coordinator for Summer Recreation Programs.</p> <p>C. Kubb Parks Commission member Ryan Carlson will be discussing Kubb and demonstrating how the sport is played. The sport is low impact and easy for children, adults, and seniors to enjoy.</p>
<b>Budget Impact</b>	N/A
<b>Attachment(s)</b>	Three Rivers informational document
<b>Action(s) Requested</b>	Discuss options of when Kubb could be held and community engagement that will take place.



## Three Rivers Park District – Parks on the Go Outreach Van



*The Parks on the Go Outreach Van takes an innovative approach to bring Three Rivers Park programming away from our existing facilities and out to where people live, work, and play. The outreach van brings park experiences and nature-based recreation and education out into the community. Recreation educators and naturalists offer quick snippets of programming and a chance for people to try something new, rather than a full-scale program. There is no cost to organizations to have the van come for a visit. Contact the Community Engagement Supervisor, Amanda Fong, for more information at [amanda.fong@threeriversparks.org](mailto:amanda.fong@threeriversparks.org) or 763.694.2054.*

### **Activity Possibilities:**

- Slacklining
- Disc Golf
- FootGolf
- Bike trail simulation
- Prize/quiz wheel
- Geocaching
- Pond study
- Animal artifacts
- Birding
- Bug catching and animal exploration
- Green screen photo booth
- Nature-inspired art:
  - Leaf printing or fish and amphibian printing
  - Nature scavenger hunt with digital cameras
  - Make a bird book/nature journal
  - Cyanotype nature prints
  - Create a Poe-tree
- Animal puppet show
- Fishing skills
- Make your own buckthorn fishing poles (smaller groups)
- Camping and outdoor cooking skills (smaller groups)
- Fire building skills
- Live animal encounters (limited access)
- Gardening activities and farm education:
  - Worm compost bin + food sorting game
  - Seed necklace craft
  - Carbon footprint/food choices education map
  - Make your own flower pot + seed planting
  - Wool processing education + wool craft