

CITY OF FALCON HEIGHTS
Regular Meeting of the Parks & Recreation Commission
City Hall
2077 West Larpentour Avenue

AGENDA
June 11, 2019 at 6:30 P.M.

- A. CALL TO ORDER:

- B. ROLL CALL:
 - Walt Dunlap Ron Eischen Olivia Demerath
 - Ryan Carlson Mike Bradbury

 - Council Member Leehy
 - Staff Nalisha Nandkumar, Staff Liaison

- C. PRESENTATION

- D. APPROVAL OF MINUTES:
 - Approval of May 6, 2019 Minutes

- E. AGENDA:
 - 1. Updates
 - a. Garden-in-a-box
 - b. Summer Programming
 - c. Ice Cream Social
 - d. Spring Together

 - 2. Events
 - a. Harvest Event
 - b. Event/Planning
 - c. Parks & Rec Programming 2020

- F. INFORMATION/ANNOUNCEMENT

- G. ADJOURNMENT:

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B. ROLL CALL:

Walt Dunlap Ron Eischen Olivia Demerath
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Council Member Leehy
 Staff Nalisha Nandkumar, Staff Liaison

C. PRESENTATION

N/A

D. APPROVAL OF MINUTES:

Approval of April 1, 2019 Minutes

Dunlap 1st Motion
Carlson 2nd Motion
Motion Passed

E. AGENDA:

1. Park Audit

a. Curtiss Field

- Parks Commission Members visited Curtiss Field. Findings show that there needs to be an accessible path from the parking area to the playground. Path diminishes towards field.

b. Community Park

- Park Commission Members continued the park audit at Community Park. Community Park has several items that should be addressed. There should be more ramped entries in the park. First, leading to the playground and second, leading from the parking lot to the park. There is also no pathway from the park leading to the basketball court. This causes limited accessibility because the basketball court is on a slight incline with grass surrounding the area.
- The Community Park building also has some issues with the foundation. There are cracks and unlevelled concrete surrounding the building. The brick attached to the building is cracked.

c. The Grove

- The Grove park needs more ramped entries leading to the playground and basketball court. The dirt path that are currently at the park need to be distinguished.

2. Garden Updates

a. Community Garden Meeting

- The Community Garden on April 17th had about 30 people in attendance. Guest appearances from the U of M Master Gardeners Jeanne and Gary.

These volunteers were able to answer questions in regards to compost, growing season, etc. Representative Shelley from The Good Acre was also able to attend the event. She talked about the services provided at the Good Acre and events.

b. Garden-In-A-Box

- Started in 2008, the Garden-in-a-Box program was created by Minnesota State Horticulture Society to teach vegetable gardening to kids so they would eat more fresh produce. MSHS distributes vegetable gardening kits to community groups.

The program provides an opportunity for children and families in need to experience the benefits of gardening: affordable healthy food, outdoor activity, education and community building. It gives childcare providers, community program coordinators and teachers the chance to incorporate hands-on learning experiences into their programs.

The City of Falcon Heights will be partnering with the MSHS for the Garden-In-A-Box Program. Potential sites of the boxes will be placed at Falcon Heights Elementary, City Hall and at Sr. Apartment Complexes.

3. Summer Programs

a. REC on the GO

- The City will be partnering with Three Rivers Park District. The Outreach van from Three Rivers Park will be available at a couple of REC on the Go programs. Recreation educators from Three Rivers will participate in 45 minute activities with kids that have the possibility of including geocaching, fire building skills, make your own flower pot, etc.
- Falcon Heights Parks & Rec Dept. is also exploring the option of providing a healthy snack for free to those that attend the programs.

b. Summer Program Coordinator

- The City is currently in the process of hiring a Summer Program Coordinator to assist with summer programming.

c. Kubb

- Parks Commission Member, Ryan Carlson, introduced the game Kubb to the group. It is low impact and family friendly. The game could be played at any park in the City or even at the green space outside of City Hall. Introduction of the game could start at the City's event, Spring Together, which is held on June 8th. Further discussion to have the game on a six week rotation to follow.

F. INFORMATION/ANNOUNCEMENT

- The June 3rd Parks Commission meeting will be moved to Tuesday June 11th.
- Commonwealth Terrace Cooperative which is part of U of M housing is holding a community event on May 18th. Parks commission members and Community Engagement members are encouraged to attend to talk about City Events.

G. ADJOURNMENT: 7:58PM

Dunlap 1st Motion
Demerath 2nd Motion
Motion Passed



The City That Soars!

ITEM FOR DISCUSSION

Meeting Date	June 11, 2019
Agenda Item	Agenda E1
Attachment	NA
Submitted By	Nalisha Nandkumar, Staff

Item	Updates
Description	<p>A. Garden-In-A-Box has been delivered to the sites including Falcon Townsquare Sr. Apartments, FH elementary and City Hall. The City has also decided to place two boxes at Curtiss Field. The City is looking for 2 volunteers/families to maintain and harvest the boxes at Curtiss Field.</p> <p>B. Summer programming has begun. The programming with the most participants registered includes Mini Soccer, Summer Discovery Playground and Messy Art.</p> <p>C. The Ice Cream Social will be held on Thursday July 18th at 5PM at Community Park. The Ice Cream Social/Hotdog with a Deputy was the first combined collaboration since Ramsey County Sheriff's Office took over for the City of Saint Anthony for police services.</p> <p>D. Spring together was held on Saturday June 8th at Curtiss Field. The event is part of our initiative of cultivating a caring community. Community members can bring a dish to share as this event is pot-luck style. Parks Commission member Ryan Carlson participated by introducing the game of Kubb to the community.</p>
Budget Impact	N/A
Attachment(s)	N/A
Action(s) Requested	Discussion of Kubb at Spring Together and moving forward with holding future games.



The City That Soars!

ITEM FOR DISCUSSION

Meeting Date	June 11, 2019
Agenda Item	Agenda E2
Attachment	Potential Events list
Submitted By	Nalisha Nandkumar, Staff

Item	Events/Planning
Description	<p>A. Harvest Event 2019- Hosting a beginning of fall/end of summer harvest event would be another way to embrace our initiative of cultivating a community. The harvest event could include community members sharing their excess produce with others, pumpkin carving contest, SOS-survey on the spot and food trucks.</p> <p>B. Future events-Events are a way to bring the community together. There are a couple of events held each year for the City of Falcon Heights. During the spring, Spring Together is held. During the summer, Ice Cream Social/Hot Dog with a Deputy is held. During the fall, the Fire Department Open House/Chili cook-off is held. Winterfest was last held during Winter 2015. Hosting different events or more events can spark interest for community member involvement.</p> <p>C. Parks & Rec Programming 2020- Summer programming has remained the same over the last couple of years. Offering new programming can lead to more youth (and adult) involvement within the community. The most popular programming for youth programming includes Summer Discovery Playground, Mini Soccer and Messy Art. Presenting new programming relating to STEM or other arts can expose youth to new learning opportunities. Offering adult programming such as Zumba, Yoga, biking/running club can lead to more involvement.</p>
Budget Impact	N/A
Attachment(s)	N/A
Action(s) Requested	<p>Discussion of potential ideas for Harvest event such as when it should be held and what activities should be part of the event.</p> <p>Discussion of potential ideas for events that can be held starting 2020. Review list of proposed events.</p> <p>Discussion of potential Recreation Programs for 2020.</p>

Potential Events

Youth/Community

Cultivating a Caring Community

1. Informational event with City Administrator, council and mayor
 - a. Work with schools to create initiative and present it at CC meetings
 - b. Do a talk at schools about city codes, ordinances and the process
2. Lunch with students at schools
3. Elementary students pen pal with seniors (meet and activities during school year)
4. Food festival of nations
5. Reading/lunch time with City Administrator, council and mayor at schools (elementary)
6. Student group project – create a sample policy and present it at CC meetings (middle/high school)
7. Food truck
8. Sport tournaments
9. Residents submit art piece. City can do an art gallery in the chambers
10. Words of encourage stone paint at Curtiss field or green space
11. Parents night out
12. Coffee with a cop
13. Coffee with city councils and mayor
14. Hot chocolate with seniors (bingo and board games)
15. Senior santa dress up (santa in the park)
16. Fall Harvest
17. Crafting with seniors
18. Ornament painting
19. Curtiss field ice skating event (with vendors) ex. Holidazzle
20. Open mic
21. Youth door knocking with commissioners
22. Peace Poles



23. Recycle Art at schools



24. Sewing blankets/making toys for pets and donating them to animal shelters

25. kids write inspiration words/quotes around the park with chalk

26. Mural at community park