

PowerUp* and PowerUp 4Kids Week Proclamation

WHEREAS, the **City of Lake Elmo** wants to support its children, families and residents in leading healthy lives;

WHEREAS, the foods and beverages provided to children, and the lack of physical activity contribute to the rising rates of childhood obesity in recent years.

WHEREAS, if something is not done to reverse these trends, children will, for the first time in history, have shorter life and less healthy lives than their parents;

WHEREAS, we believe that we can work together transform the places where children and families live, learn and play to do what's best for kids;

WHEREAS, we are in a position to provide, promote and support opportunities for recreation, physical activity and access to better food and beverages through our programs, events, partnerships, practices and policies;

WHEREAS, we also have the opportunity to support health for the whole community through supporting bike and pedestrian friendly streets, public transportation, access to healthy food and beverages, and easy access to parks, trails, and active spaces;

WHEREAS, PowerUp is a community-wide initiative, supported by Lakeview Hospital and HealthPartners, to make it easy, fun and popular for kids and families to eat better and be active so that kids in our communities reach their full potential.

THEREFORE BE IT RESOLVED that the **City of Lake Elmo**
does hereby proclaim **support and partnership with PowerUp**
and the shared goal of working together to create healthier community for our kids.

**And we proclaims that May 9-16, 2015 is *PowerUp 4 Kids Week* in
Lake Elmo
on this 5th day of May, 2015.**

Mayor/Chair

ATTEST/WTINESS:

Clerk

** PowerUp is a community-wide initiative to make our communities a place where it's easy, fun and popular for kids to eat well and be active. It is a long-term commitment to create change over 10 years in the St. Croix Valley in partnership with schools, businesses, health care, civic groups, families, kids and the entire community. PowerUp is committed to working collaboratively to help kids in the Valley to be healthy today and reach their full potential in life! PowerUp is supported by Lakeview Health Foundation and HealthPartners, in partnership with Lakeview Hospital, Stillwater Medical Group, Hudson Hospital and Clinic and Westfields Hospital and Clinic.*